Ramon Magsaysay Memorial Colleges
Pioneer Avenue, General Santos City, Philippines

BACHELOR OF PHYSICAL EDUCATION

CMO 80 S. 2017, CMO 20 S.2013, CMO 39 S.2021, CMO 04 S.2018, CMO 01 S.2015
EFFECTIVE A.Y. 2023-2024

Name	:	Contact No	:
Student No.	:	Sem/Year of Entry	:

FIRST YEAR

FIRST SEMESTER					SECOND SEMESTER				
CRS NO.	DESCRIPTIVE TITLE	UNIT	PREQ.	GRADE	CRS NO.	DESCRIPTIVE TITLE	UNIT	PREQ.	GRADE
BPED101	Philosophical and Socio-anthropological Foundations of Physical Education and Sports	3	None		BPED111	Movement Education	3	None	
BPED102	Anatomy and Physiology of Human Movement	3	None		BPED112	Physiology of Exercise and Physical Activity	3	None	
BPED103	Principles Motor Control and Learning of Exercise, Sports and Dance	3	None		BPED113	Applied Motor Control and Learning of Exercise, Sports and Dance	3	None	
GE101	Purposive Communication	3	None		BPED114	Sports and Exercise Psychology	3	None	
GE204	Ethics	3	None		BPED115	Sports Management and Leadership	3	None	
GE206	Gender and Society	3	None		EDUC101	The Child and Adolescent Learner and Learning Principles	3	None	
GE401	Mathematics in the Modern World	3	None		GE201	Understanding the Self	3	None	
GE501	Science, Technology and Society	3	None		GE202	Readings in Philippine History	3	None	
NSTP1	Civic Welfare Training Service 1	3	None		NSTP2	Civic Welfare Training Service 2	3	NSTP1	
PE1	Physical Activities Towards Health and Fitness (PATHFit 1) Movement Competency Training	2	None		PE2	Physical Activities Towards Health and Fitness (PATHFit 2) Exercise-based Fitness Activities	2	PE1	
	TOTAL	**29**				**TOTAL**	**29**		

SECOND YEAR

FIRST SEMESTER					SECOND SEMESTER				
CRS NO.	DESCRIPTIVE TITLE	UNIT	PREQ.	GRADE	CRS NO.	DESCRIPTIVE TITLE	UNIT	PREQ.	GRADE
EDUC102	The Teaching Profession	3	None		BPED211	Curriculum and Assessment for Physical Education and Health Education	3	None	
EDUC301	The Teacher and the Community, School Culture, and Organizational Leadership	3	None		BPED212	Technology for Teaching and Learning 2* (Technology Application in Teaching PE and Health Education including Instructional Materials Development)	3	None	
EDUC112	Foundations of Special and Inclusive Education	3	None		EDUC111	Building and Enhancing New Literacies Across the Curriculum	3	None	
EDUC202	Assessment in Learning 1	3	None		EDUC121	Facilitating Learner–centered Teaching	3	None	
EDUC302	Technology for Teaching and Learning 1*	3	None		EDUC211	Assessment in Learning 2	3	None	
BPED201	Process of Teaching PE and Health Education	3	None		EDUC212	The Teacher and the School Curriculum	3	None	
GE203	The Contemporary World	3	None		GE205	Life and Works of Rizal	3	None	
RES1	Research 1	3	None		GE503	Living in the IT Era	3	None	
GE301	Art Appreciation	3	None		RES2	Research 2	3	None	
PE3	Physical Activities Towards Health and Fitness (PATHFit 3) Choice of Dance, Sports, Martial Arts, Group Exercise, Outdoor and Adventure Activities	2	PE2		PE4	Physical Activities Towards Health and Fitness (PATHFit 4) Choice of Dance, Sports, Martial Arts, Group Exercise, Outdoor and Adventure Activities	2	PE2	
	TOTAL	**29**				**TOTAL**	**29**		

SECOND YEAR
Summer

CRS NO.	DESCRIPTIVE TITLE	UNITS	PREQ.	GRADES
BPED221	Swimming and Aquatics	3	None	
BPED222	Individual and Dual Sports (Racket Sports,Athletics, Martial Arts)	3	None	
BPED223	Philippine Traditional Dances	3	None	
		Total	**9**	

THIRD YEAR

FIRST SEMESTER					SECOND SEMESTER				
CRS NO.	DESCRIPTIVE TITLE	UNIT	PREQ.	GRADE	CRS NO.	DESCRIPTIVE TITLE	UNIT	PREQ.	GRADE
BPED301	Team Sports (Soccer/Football, Basketball, Volleyball, Baseball, Softball)	3	None		BPED311	Team Sports (Non-Traditional:Ultimate, Handball, Floorball,Futsal, Sepak Takraw)	3	None	
BPED302	Philippine Traditional Games	3	None		BPED312	Administration and Management of Physical Education and Health Education Programs	3	None	
BPED303	Coordinated School Health Program	3	None		BPED313	Prevention and Management of Exercise- and Sports-related Injuries	3	None	
BPED304	Personal, Community and Environmental Health	3	None		BPED314	Music in the K-12 Curriculum	3	None	
BPED305	Emergency Preparedness and Safety Management	3	None		BPED315	Arts in the K-12 Curriculum	3	None	
BPED306	Drug Education, Consumer Health Education and Healthy Eating	3	None		GE207	The Entrepreneurial Mind	3	None	
BPED307	International Dance and Other Forms	3	None						
	TOTAL	**21**				**TOTAL**	**18**		

FOURTH YEAR

FIRST SEMESTER					SECOND SEMESTER				
CRS NO.	DESCRIPTIVE TITLE	UNIT	PREQ.	GRADE	CRS NO.	DESCRIPTIVE TITLE	UNIT	PREQ.	GRADE
FS1	Field Study 1	3	All Professional and Major/ Specialization Subjects		EDUC400	Teaching Internship	6	FS1 & FS2	
FS2	Field Study 2	3	All Professional and Major Subjects						
	TOTAL	**6**				**TOTAL**	**6**		

Prepared by:

ANDREW B. CABRERA, LPT
BPEd Program Coordinator

Noted by:

ANALISA T. AMADA, EdD
College Dean

Evaluated by:

DATE	NAME	SIGNATURE